



Betamethasone 500 microgram soluble tablets used as a mouthwash

This leaflet has been written to help you understand more about Betamethasone soluble tablets and how they are used as a mouthwash

What are Betamethasone soluble tablets and what are they used for?

Betamethasone soluble tablets belong to a group of medicines called corticosteroids ('steroids').

Steroids work by reducing inflammation, swelling and irritation in your mouth. Betamethasone soluble tablets used as a mouthwash may help reduce inflammation and pain in your mouth, and speed up the healing process.

What conditions are treated with Betamethasone soluble tablets?

Betamethasone soluble tablets used as a mouthwash can be used for the treatment of mouth conditions that cause soreness such as mouth ulcers and oral lichen planus.

How do I use Betamethasone soluble tablets?

1. Dissolve two tablets in 20mls of water (2 to 4 teaspoons) to make up a mouthwash
2. Swirl the mouthwash around your mouth for 3 to 4 minutes before spitting out

Do not swallow the contents

How often and at what time of the day should I use Betamethasone soluble tablets?

1. Use up to a maximum of twice daily, ideally choosing a time after eating or brushing your teeth last thing at night
2. Do not eat or drink for at least 30 minutes after use

What are the potential risks and side effects of using Betamethasone soluble tablets as a mouthwash?

When used correctly this medicine rarely causes side effects. However, with all medicines, some patients experience side effects. Burning or stinging is quite common in the first few days of treatment. This usually clears up. Some people occasionally develop thrush in their mouth and find that their mouth becomes sore.

Please contact your local community pharmacist in the first instance, who may refer you to the GP/ dentist for management. You may be prescribed a course of antifungal treatment will clear the thrush.

For further information about the potential risks and side effect, please read the information leaflet supplied by the manufacturer within the box.

Alternatively, please contact the Oral Medicine department on **0117 342 1814**.

The department is open Monday to Friday 9.00am to 5.00pm

Notes

Bristol switchboard: 0117 923 0000
Weston switchboard: 01934 636 363
www.uhbw.nhs.uk

For an interpreter or signer please contact the telephone number on your appointment letter.
For this leaflet in large print or PDF format, please email patientleaflets@uhbw.nhs.uk.