

Are you 16-18 years old and affected by domestic abuse?

Being exposed to domestic abuse, or experiencing it yourself, is a traumatising experience which may affect your mental health and overall wellbeing.

Womankind offers a free specialist trauma counselling service for girls and young women (16-18 year olds) affected by domestic abuse, experienced by themselves or within their family or household.

For more information, email info@womankindbristol.org.uk or visit www.womankindbristol.org.uk/CADA or scan the QR code.

