

## 'Medium Dose' (CHLORDIAZEPOXIDE) Reducing Regime for Alcohol Detoxification

- **Medium Dose** - For use in people drinking >20 units daily or those using less with risk factors for Delirium Tremens or seizures. Note, older adults may have delayed metabolism so consider lower dose schedule
- In addition, prescribe **thiamine 100mg three times daily** and continue for three months post detoxification
- Consider whether intramuscular Pabrinex® is also required
- Give when required chlordiazepoxide for symptoms of alcohol withdrawal ONLY

DAY	DRUG	MORNING DOSE	LUNCHTIME DOSE	EVENING DOSE	NIGHT TIME DOSE	PRN DOSE
1	CHLORDIAZEPOXIDE	30mg	30mg	30mg	30mg	
2	CHLORDIAZEPOXIDE	30mg	30mg	20mg	30mg	
3	CHLORDIAZEPOXIDE	30mg	20mg	20mg	30mg	
4	CHLORDIAZEPOXIDE	20mg	20mg	20mg	20mg	
5	CHLORDIAZEPOXIDE	20mg	10mg	10mg	20mg	
6	CHLORDIAZEPOXIDE	10mg	10mg	10mg	20mg	
7	CHLORDIAZEPOXIDE	10mg	10mg	10mg	10mg	
8	CHLORDIAZEPOXIDE	10mg		10mg	10mg	
9	CHLORDIAZEPOXIDE	10mg			10mg	
10	CHLORDIAZEPOXIDE				10mg	