*Text box for hospital name and address*

Dear <name of patient>

# Why are we doing this review?

**Reviewing your Valproate**

This is a chance to check that valproate is still the best medication

for you.

This review is so that we can check that valproate is still the best medication for you. That means:

* We will check that your valproate is keeping you well and not causing you side effects.
* We will check that you are aware of the risks to a baby if you are having sex while taking valproate.

# What will we ask you in the review?

We will ask you:

* About your thoughts on your valproate medication
* If you have sex and if you use contraception
* About the risks to a baby if you are having sex while taking valproate

Examples of the questions we will ask you in the appointment are on the *other side / next page.*

# Where and when is your review?

* Your review will be on: ***Tuesday 6th August at 1pm***
* Your review will be: ***face to face* */ take place on a video call / on the phone***
* Your review will take place in: ***Consulting room 1, Hospital, Town, Postcode***
  + *on your telephone / on your computer*
* Your review will be with: ***XXXXXX***
* Your review will take: ***XXX minutes***

**On the *other side / next page* there are some example questions that we will ask**

**you in the appointment.**

Text box for name and signature

**Questions that we will ask you in the appointment**

**Are there**

**Do you**

**have sex?**

**Do you use contraception?**

**What contraception do you use?**

**your valproate?**

**Are there bad**

**Why do I have t**

**o so many pills?**

**Have you had a pregnancy test recently?**

**How much valproate do you take every day?**

**Are**

**Do you know the risks to a baby *if you get / your partner* *gets* pregnant whilst taking valproate?**

**Are there bad**

**things about taki**

**your valproate?**

**How much valproate do you take every day?**

**Would you like to continue taking your valproate?**

**Are there bad things about taking your valproate?**

**Are there good things about taking your valproate?**