

Lose weight with Oviva

Join Oviva's free remote NHS weight loss programme, with weight loss medications and personalised support at your fingertips.

- ✓ Lose 15%* of your body weight
- ✓ Medication supplied free on the NHS and delivered to your home
- ✓ Experienced clinical care every step of the way



Oviva 

*STEP Trial, 2022.

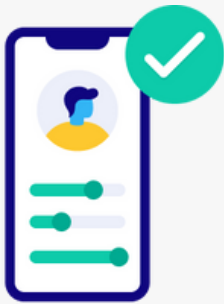
Oviva makes weight loss easy

We provide a free NHS weight loss programme led by healthcare professionals. It lasts 6-24 months, depending on whether you need medication. This remote programme covers everything from your eating habits and mental health, to your exercise routine and nutritional needs.



Lose weight with breakthrough medication

Kickstart your journey with weight loss medication** that's proven to help control your appetite, curb cravings and keep you fuller for longer.



Keeping track has never been easier

Our app helps you to keep on top of your habits, symptoms and weight, so you can build a healthier routine with helpful advice on nutrition, exercise, and motivation to build your confidence.



Boost your knowledge and confidence

Getting to know yourself better is one of the keys to a healthy life. With Oviva you can access helpful guides on everything from eating right, staying active, and building healthy habits.