Autism 360

c/o ADHD 360

First Floor,

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**Adult AQ-10**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** |  | **Date of birth** |  |
| **Completed by** |  | **Date completed** |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Definitely Agree | Slightly Agree | Slightly Disagree | Definitely Disagree |
| 1 | I often notice small sounds when others do not |  |  |  |  |
| 2 | I usually concentrate more on the whole picture, rather than the small details |  |  |  |  |
| 3 | I find it easy to do more than one thing at once |  |  |  |  |
| 4 | If there is an interruption, I can switch back to what I was doing very quickly |  |  |  |  |
| 5 | I find it easy to ‘read between the lines’ when someone is talking to me |  |  |  |  |
| 6 | I know how to tell if someone listening to me is getting bored |  |  |  |  |
| 7 | When I’m reading a story I find it difficult to work out the characters’ intentions |  |  |  |  |
| 8 | I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc) |  |  |  |  |
| 9 | I find it easy to work out what someone is thinking or feeling just by looking at their face |  |  |  |  |
| 10 | I find it difficult to work out people’s intentions |  |  |  |  |

**About Autism 360**

Autism 360 is the trading name of the ADHD 360 Ltd Autism team. ADHD 360 Ltd is registered and inspected by the CQC under the Health and Social Care Act 2008, reference CRT-6785869383.

Autism 360 provide support for our patient’s weekdays (9.00am - 7.00pm) and weekends (10.00am - 4.00pm). Autism 360 cannot provide an emergency nor crisis service. If you have a medical emergency, you should contact the NHS on 111 or if serious 999.

You can contact us on enquiries@ASD-360.com or 01507 534 181 (Option 2).

For our latest resources and Autism 360 ‘Treatment Tools & Tips’ papers, please follow this link: https://www.ASD360.com/resources/

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