













Potting the poo: getting the right FIT

Faecal Immunochemical Test






FIT for national Bowel Cancer Screening Programme

-  For people without symptoms
-  Men and women aged 54-74 yrs old, every two years
-  Sent by post from the Bowel Cancer Screening Hub (BCS) Hub to eligible people with individualised patient bar code identity
-  Test is completed and sent back by patient in freepost envelope provided to the BCS Hub in Guildford
-  If the kit is lost, please advise patients to call to order a replacement kit on 0800 707 6060
-  BCS Hub informs patient of result and organises further tests if indicated
-  BCS Hub sends result or non-responder notification to practice
-  Practice to contact non-responders to encourage participation - please include 0800 707 6060 in your message for patient to reorder a kit.

FIT for symptomatic patients seen in Primary Care

-  For patients who report symptoms that could be caused by bowel cancer
-  Test requested on ICE by clinician, patient identification label is added, and test kit with instructions is given to patient during appointment/by reception team



-  Safety netting process initiated by clinician/practice team
-  Patient takes test kit home, completes it, and returns it to practice
-  Safety netting process utilised to ensure completed kit is received back from patient
-  Practice send completed test kit to Bristol lab with usual pathology sample service
-  Result is sent to practice on ICE for action by referring clinician.

The FIT is looking for blood in poo. The threshold for a positive result:

The screening test threshold for England is 120 µg/g

The symptomatic test for patients who present to the GP has a low threshold of 10 µg/g

Two different pathways, two different tests.

All screening kits must come from the Guildford BCS Hub.

Do not give patients a practice kit unless clinician requests it.