Learning disability and autism newsletter Juni 24

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| **Annual health check data**  We are disappointed to see a significant drop in learning disability annual health checks across BNSSG from 85% to 73%. NHSE target is 75%.  ChildrenThe average life expectancy of people with learning disability compared to the general population is 14 years shorter for men and 18y shorter for women  Children  42% death avoidable compared with 22% in the general population  Children  Significant higher co-morbidities, often under diagnosed:  1/3 have epilepsy Man with solid fill 70% have GI problems Man with solid fill40% have visual problems Man with solid fill40% have hearing problemMan with solid fill 1/3 have physical disability Man with solid fill3x more likely to have mental health problems.  Children  -Access primary care less then they need to and present late  -Poor self-care ability and health literacy  -Face barriers accessing health care  We are aware of the immense pressure on the NHS and primary care. We want to strongly encourage you and your teams to priortise annual health checks to address these health inequalities! |
| **Pre checklist updated:**  Healthwatch BNSSG and the ICB have worked with experts by experience to update the pre check list that can be send to patients and their supporters before the learning disability annual health check. This easy read document will collect data like smoking, alcohol consumption, weight, reasonable adjustment and has new free text sections to make your annual health check more effective and patient centred. Updated check list to be added to remedy asap and attached |
| **LeDeR**  Many thanks to all practices for supporting the learning disability death review process “LeDeR”. This looks at the life and death of our patients with learning disability and/or autism. LeDeR identifies themes and learning form examples of good care and looks at areas we need to work on systemwide improvements. Please continue to provide GP notes and information when this is requested by LeDeR in a timely manner, no additional consent is required. [LeDeR - learning disability mortality reviews (Remedy BNSSG ICB)](https://remedy.bnssg.icb.nhs.uk/adults/learning-disabilities/leder-learning-disability-mortality-reviews/) |
| Heat wave information in easy read:  “ **Staying safe in the heat**”  is a co-produced easy read booklet for patients with learning disability. It is all about staying safe in the heat and sun as well as signs of heat related illness and what to do in case of a heat stroke. With the change in weather pattern and increased likelihood of extreme heat events the associated excess death it is important to share this information with your learning disability practice population. Consider sending information to care home with LD patients.  Information will be added to [Resources for Learning Disability Annual Health Checks and Health Action Plans (Remedy BNSSG ICB)](https://remedy.bnssg.icb.nhs.uk/adults/learning-disabilities/resources-for-learning-disability-annual-health-checks-and-health-action-plans/) |
| Next **learning disability and autism webinar** is on the 18th of June 24.  Everyone welcome!  Topics include:  -New reasonable adjustment emis flag  -New Pre AHC check list  -Introduction of the new AHC toolkit  -Increasing the uptake of AHCs in ethnic minority population project |
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