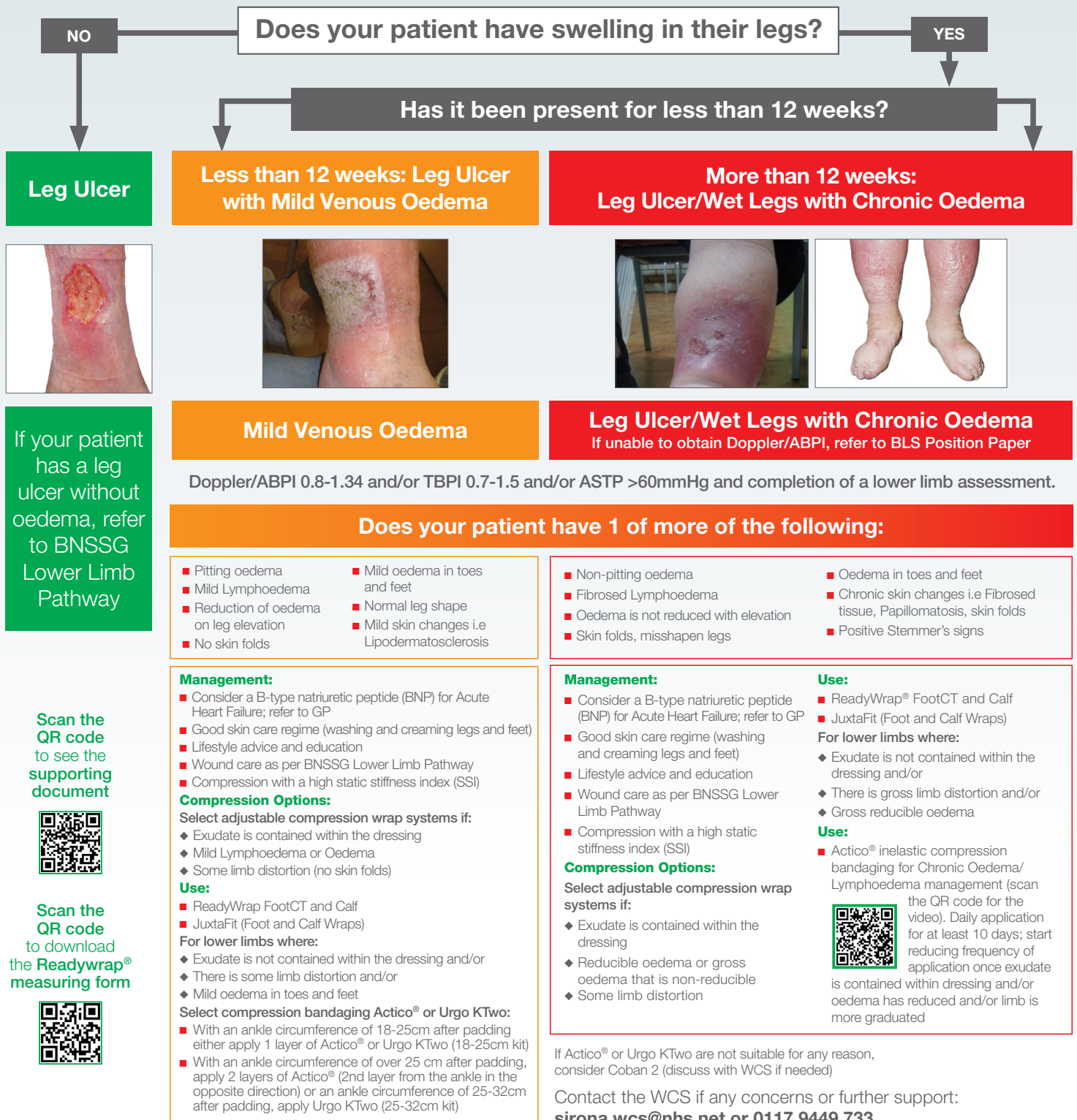


Lower Limb Oedema Management with a Wound

Assess and take patient clinical history: Venous Leg Ulcer hx, Cellulitis, DVT, Surgery, Trauma, Family History



If your patient has a leg ulcer without oedema, refer to BNSSG Lower Limb Pathway

Scan the QR code to see the supporting document



Scan the QR code to download the Readywrap® measuring form



For product support please contact:



Olivia Fox, Regional Clinical Advisor
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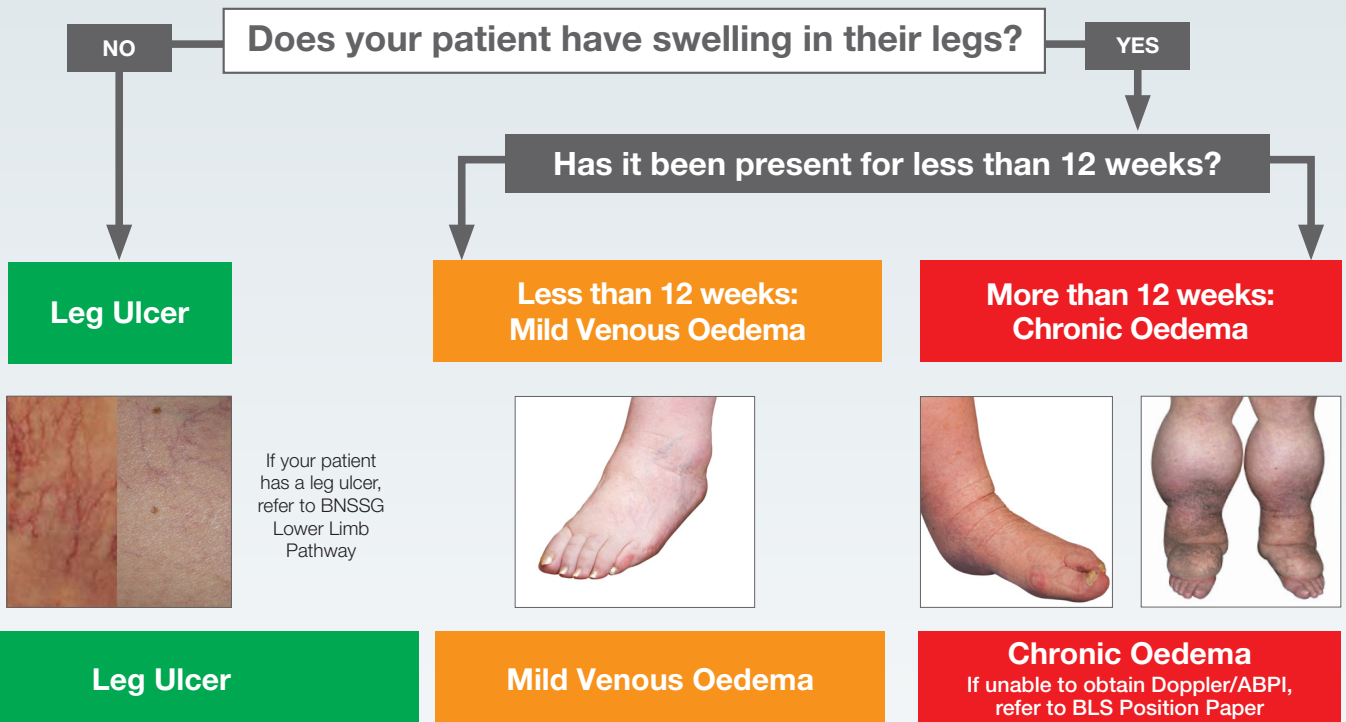
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Lower Limb Oedema Management (without wounds)

- Prevention of deterioration
- Management of oedema in lower limb
- Prevention of ulceration/lymphorrhoea



Doppler/ABPI 0.8-1.34 and/or TBPI 0.7-1.5 and/or ASTP >60mmHg and completion of a lower limb assessment.

Does your patient have 1 or more of the following:

- No skin folds
- No Oedema in toes & feet
- Normal leg shape
- Venous skin changes i.e. spider veins, hemosiderin staining, varicose veins
- Prominent varicose veins
- Healed leg ulcer

Management:

- Good skin care (see Sirona Clinical Guidance on the Treatment of Lower Limbs Wounds - available on BNSSG Remedy)
- Washing and creaming
- Compression

Compression options e.g.:

- Compression Wraps; Readywrap® Foot CT and Calf, JuxtaLite
- Compression Hosiery e.g. Mediven for Men or Mediven Plus

Does your patient have 1 of more of the following:

- Pitting oedema
- Mild Lymphoedema
- Reduction of oedema on leg elevation
- No skin folds
- Mild oedema in toes and feet
- Normal leg shape
- Mild skin changes i.e. Lipodermatosclerosis

Management:

- Consider a B-type natriuretic peptide (BNP) for Acute Heart Failure; refer to GP
- Consider if End of Life
- Manage in RAL (European Standard) or Inelastic Compression Garment if no concerns of cardiac involvement or end of life

Compression options e.g.:

- Compression Wraps: ReadyWrap® Foot CT and Calf or JuxtaFit (Foot and Calf Wraps)
- Compression Hosiery: Mediven Plus or Mediven Active
- Made to Measure: Mediven Mondri

- Non-pitting oedema
- Fibrosed Lymphoedema
- No reduction of oedema on leg elevation
- Skin folds, misshapen legs
- Oedema in toes and feet
- Chronic skin changes i.e. Fibrosed tissue, Papillomatosis, skin folds
- Positive Stemmer's signs

Management:

- Referral to Lymphoedema Service who will give lifestyle advice and will discuss compression with patient
- Encourage lower limb elevation and movement regularly



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