

Pabrinex Prescribing Scoring System

Symptoms	Severity			
	No	Minor	Moderate	Major
Poor diet	Green 0	Green 0	Amber 1	Red 4
Weight loss	Green 0	Green 0	Amber 1	Red 4
Cognitive impairment	Green 0	Amber 1	Amber 1	Red 4
Vomiting	Green 0	Amber 1	Red 4	Red 4
Neurological symptoms	Green 0	Amber 1	Red 4	Red 4

Please circle the above as appropriate

- **Poor diet**; moderate= 1 meal a day, severe= < 1 meal a day
- **Weight loss**; moderate 1 stone in last 6 months, severe= > 1 stone in last 6 months
- **Cognitive impairment**; moderate= poor short-term memory and general forgetfulness
- **Vomiting**; moderate= > 3 times a week after food, severe= daily after food
- **Neurological symptoms**; moderate transient pins and needles, severe= permanent pins and needles +/- unsteadiness +/- in-coordination

Recommended treatment

- **Green** or **0** oral thiamine (100mg three times daily).
- **Amber** or **1- 3** oral thiamine (100mg three times daily) and observe for neurological signs and new cognitive impairment.
- **Red** or **4 or more** IM Pabrinex one pair of ampoules for three days and oral thiamine (100mg three times daily).

Reference

Green A et al. (2013) A novel scoring system to guide risk assessment of Wernicke's encephalopathy. *Alcohol Clin Exp Res*; 37(5):885-9.