

### **GP practice example text message to (adult) male valproate patients**

We are contacting all our male patients who are being prescribed the medication Valproate. There has been updated information regarding males taking valproate and conceiving children whilst taking this medication and for 3 months after stopping. This also includes sperm donation. Contraception is recommended as a precaution. Please read the patient guide for further information and contact us or your specialist if you require information.

<https://www.medicines.org.uk/emc/rmm/1204/Document>

You may wish to add the following link as an attachment:

[Advice for male patients on valproate to use contraception PUBLISH .pdf \(publishing.service.gov.uk\)](#)

### **GP practice example text message to paediatric male valproate patients**

We are contacting all our male patients who are being prescribed the medication Valproate. There has been updated information regarding males taking valproate and conceiving children whilst taking this medication and for 3 months after stopping. Contraception is recommended as a precaution. Please read the patient guide for further information and contact your specialist if you have any questions. <https://www.medicines.org.uk/emc/rmm/1204/Document>

You may wish to add the following link as an attachment:

[Advice for male patients on valproate to use contraception PUBLISH .pdf \(publishing.service.gov.uk\)](#)

### **To support any queries in relation to paediatric text messages - Advice and guidance for clinicians**

If a clinician from a GP practice wishes to discuss a paediatric patient on valproate with a neurology consultant (see information [on Remedy](#)):

- For children known to the neurology service - please contact the relevant neurology secretary who will liaise with the relevant consultant.
- For children not previously known to the neurology service - non-urgent requests for advice and guidance can be processed via the e- referral service.