**Primary Care Pathway - Ovarian Cyst/Mass on Transvaginal US**

*Table 1:*

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|  | **Cyst size** | **Premenopausal patient** | **Postmenopausal patient** |
| Typical haemorrhagic cyst | ≤5cm | No follow-up required | Unlikely in this age group – for urgent gynae referral |
|  | >5cm but <10cm | Follow-up TVUS in 8-12 weeks and routine referral to general gynae clinic |
| Typical dermoid | <3cm | No follow-up required | Routine referral to general gynae clinic |
|  | ≥3cm but <10cm | Routine referral to general gynae clinic |
|  | ≥10cm | Routine referral to general gynae clinic |
| Typical endometrioma | <10cm | If >4cm referral to endometriosis service  If <4cm routine referral to general gynae clinic | Routine referral to general gynae clinic with serum CA125 |
| Simple unilocular cyst | ≤3cm | No follow-up required | No follow-up required |
|  | >3cm but <5cm | No follow-up required | Repeat USS in 6 months and 1 year  If enlarges, for routine referral to general gynae clinic. If stable at 1 year – discharge |
|  | >5cm but <10cm | Repeat USS in 8-12 weeks  If persists or enlarges for routine referral to general gynae clinic |
| Remaining unilocular cyst | ≤3cm | No follow-up needed | Routine referral to general gynae clinic with serum CA125 |
|  | >3cm but <10cm | Repeat USS in 8-12 weeks.  If persists or enlarges for routine referral to gynae clinic | Routine referral to general gynae clinic with serum CA125 |
| Bilocular, smooth cysts | ≤3cm | No follow-up needed | Routine referral to general gynae clinic and repeat USS in 12 months |
|  | >3cm but <10cm | Routine referral to general gynae clinic and repeat USS in 6 months | Routine referral to general gynae clinic and repeat USS in 6 months |
| Simple para-ovarian cyst | <5cm | No follow-up required | No follow-up required |
|  | >5cm | For routine referral to gynae clinic | For routine referral to gynae clinic |
| Typical peritoneal inclusion cyst / Typical hydrosalpinx / Any other lesion calculate as <1% risk of malignancy by ADNEX | Any size | Routine referral to gynae clinic | Routine referral to gynae clinic |