**Right to Choose Referral to Autism 360**

**Autism Assessment**

**Please complete ALL sections and return to** **adhd360.autismrtcreferrals@nhs.net**

|  |  |
| --- | --- |
| Date of referral  |  |
| Name of person to be assessed |  |
| Home address |  |
| Date of Birth |  |
| Age at referral |  |
| NHS number |  |
| Contact email **(MANDATORY)** |  |
| Contact phone number |  |
| Next of kin name |  |
| Next of Kin address  |  |
| Next of kin phone number |  |
| Does you consent to information sharing with next of kin?  | Yes 🞏 No 🞏 |
| Risk: We ask the following questions to best support the person through our assessment process. These questions are revisited within the assessment itself. Please include as much detail as feels comfortable.  |
| 1. Have you ever had thoughts of harming yourself intentionally?  | Yes 🞏 No 🞏 |
| 1. If yes, please provide further details:
 |  |
| 2. Have you ever acted on thoughts to harm yourself?  | Yes 🞏 No 🞏 Not applicable 🞏 |
| 1. If yes, please provide further details:
 |  |
| 1. If no, what has prevented you from acting on these thoughts?
 |  |
| 3. When did you last have any thoughts of harming yourself, or act on any such thoughts? |  |

**GP to complete**

|  |  |
| --- | --- |
| Name of GP (Referrer) |  |
| GP practice address |  |
| GP practice email |  |
| Name of current ICB |  |

|  |  |
| --- | --- |
| Reason for referral: Provide a summary of needs and current concerns. |  |
| Note any additional risk concerns to be considered within the assessment process. |  |
| Does any of the following *currently/recently* relate to the person: (Tick all relevant) | [ ]  Crisis/Home Based Treatment, Assertive Outreach[ ]  Involvement with drug and alcohol services[ ]  Admission to Acute Mental Health inpatients or 136 suite[ ]  Admission to PICU (inc historical) [ ]  Disordered eating[ ]  Psychosis or treatment for psychotic episode[ ]  Police or safeguarding involvement[ ]  Self-harm or suicidal ideation[ ]  Significant self-harm requiring medical intervention (inc historical)[ ]  Question over mental capacity[ ]  Ongoing court proceedings |
| Note any relevant known or suspected conditions (including any learning disability) |  |
| Have difficulties been evident since childhood? | Yes 🞏 No 🞏 |
| Supporting documentation attached. (Tick all included)  | [ ] Patient Summary [ ]  Current medication and last review date[ ]  Any previous engagement in mental health services [ ]  Previous diagnoses[ ]  Any reports undertaken by previous or current professionals [ ]  Any previous autism diagnosis reports if appropriate [ ]  **MANDATORY**: Completed age specific AQ-10 screening - completed by patient (Attached to this form) |
| **Referrer to complete**: Not everyone who goes on to get a diagnosis of autism meets the threshold at the screening stage. Do you agree to an assessment if the screening threshold is not met? | Yes 🞏 No 🞏 |

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**ADULT Screening tool (AQ-10) (Age 16+)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Definitely Agree | Slightly Agree | Slightly Disagree | Definitely Disagree |
| 1 | I often notice small sounds when others do not |[ ] [ ] [ ] [ ]
| 2\* | I usually concentrate more on the whole picture, rather than the small details |[ ] [ ] [ ] [ ]
| 3\* | I find it easy to do more than one thing at once |[ ] [ ] [ ] [ ]
| 4\* | If there is an interruption, I can switch back to what I was doing very quickly |[ ] [ ] [ ] [ ]
| 5\* | I find it easy to ‘read between the lines’ when someone is talking to me |[ ] [ ] [ ] [ ]
| 6\* | I know how to tell if someone listening to me is getting bored |[ ] [ ] [ ] [ ]
| 7 | When I’m reading a story I find it difficult to work out the characters’ intentions |[ ] [ ] [ ] [ ]
| 8 | I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc) |[ ] [ ] [ ] [ ]
| 9\* | I find it easy to work out what someone is thinking or feeling just by looking at their face |[ ] [ ] [ ] [ ]
| 10 | I find it difficult to work out people’s intentions |[ ] [ ] [ ] [ ]

Clinical use only: \* Reverse scored

**CHILD Screening tool (AQ-10) (Aged under 16)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Definitely Agree | Slightly Agree | Slightly Disagree | Definitely Disagree |
| 1 | S/he often notices small sounds when others do not. |[ ] [ ] [ ] [ ]
| 2\* | S/he usually concentrates more on the whole picture, rather than the small details. |[ ] [ ] [ ] [ ]
| 3\* | In a social group, s/he can easily keep track of several different people’s conversations. |[ ] [ ] [ ] [ ]
| 4\* | S/he finds it easy to go back and forth between different activities. |[ ] [ ] [ ] [ ]
| 5 | S/he doesn’t know how to keep a conversation going with his/her peers. |[ ] [ ] [ ] [ ]
| 6\* | S/he is good at social chit-chat. |[ ] [ ] [ ] [ ]
| 7 | When s/he is read a story, s/he finds it difficult to work out the character’s intentions or feelings. |[ ] [ ] [ ] [ ]
| 8\* | When s/he was in preschool, s/he used to enjoy playing games involving pretending with other children. |[ ] [ ] [ ] [ ]
| 9\* | S/he finds it easy to work out what someone is thinking or feeling just by looking at their face. |[ ] [ ] [ ] [ ]
| 10 | S/he finds it hard to make new friends. |[ ] [ ] [ ] [ ]

Clinical use only: \* Reverse scored