**Right to Choose Referral to Autism 360**

**Autism Assessment**

**Please complete ALL sections and return to** [**adhd360.autismrtcreferrals@nhs.net**](mailto:adhd360.autismrtcreferrals@nhs.net)

|  |  |
| --- | --- |
| Date of referral |  |
| Name of person to be assessed |  |
| Home address |  |
| Date of Birth |  |
| Age at referral |  |
| NHS number |  |
| Contact email **(MANDATORY)** |  |
| Contact phone number |  |
| Next of kin name |  |
| Next of Kin address |  |
| Next of kin phone number |  |
| Does you consent to information sharing with next of kin? | Yes 🞏 No 🞏 |
| Risk: We ask the following questions to best support the person through our assessment process. These questions are revisited within the assessment itself. Please include as much detail as feels comfortable. | |
| 1. Have you ever had thoughts of harming yourself intentionally? | Yes 🞏 No 🞏 |
| 1. If yes, please provide further details: |  |
| 2. Have you ever acted on thoughts to harm yourself? | Yes 🞏 No 🞏 Not applicable 🞏 |
| 1. If yes, please provide further details: |  |
| 1. If no, what has prevented you from acting on these thoughts? |  |
| 3. When did you last have any thoughts of harming yourself, or act on any such thoughts? |  |

**GP to complete**

|  |  |
| --- | --- |
| Name of GP (Referrer) |  |
| GP practice address |  |
| GP practice email |  |
| Name of current ICB |  |

|  |  |  |
| --- | --- | --- |
| Reason for referral: Provide a summary of needs and current concerns. |  | |
| Note any additional risk concerns to be considered within the assessment process. |  | |
| Does any of the following *currently/recently* relate to the person: (Tick all relevant) | Crisis/Home Based Treatment, Assertive Outreach  Involvement with drug and alcohol services  Admission to Acute Mental Health inpatients or 136 suite  Admission to PICU (inc historical)  Disordered eating  Psychosis or treatment for psychotic episode  Police or safeguarding involvement  Self-harm or suicidal ideation  Significant self-harm requiring medical intervention (inc historical)  Question over mental capacity  Ongoing court proceedings | |
| Note any relevant known or suspected conditions (including any learning disability) |  | |
| Have difficulties been evident since childhood? | Yes 🞏 No 🞏 | |
| Supporting documentation attached. (Tick all included) | Patient Summary  Current medication and last review date  Any previous engagement in mental health services  Previous diagnoses  Any reports undertaken by previous or current professionals  Any previous autism diagnosis reports if appropriate  **MANDATORY**: Completed age specific AQ-10 screening - completed by patient (Attached to this form) | |
| **Referrer to complete**:  Not everyone who goes on to get a diagnosis of autism meets the threshold at the screening stage.  Do you agree to an assessment if the screening threshold is not met? | | Yes 🞏 No 🞏 |

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**ADULT Screening tool (AQ-10) (Age 16+)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Definitely Agree | Slightly Agree | Slightly Disagree | Definitely Disagree |
| 1 | I often notice small sounds when others do not |  |  |  |  |
| 2\* | I usually concentrate more on the whole picture, rather than the small details |  |  |  |  |
| 3\* | I find it easy to do more than one thing at once |  |  |  |  |
| 4\* | If there is an interruption, I can switch back to what I was doing very quickly |  |  |  |  |
| 5\* | I find it easy to ‘read between the lines’ when someone is talking to me |  |  |  |  |
| 6\* | I know how to tell if someone listening to me is getting bored |  |  |  |  |
| 7 | When I’m reading a story I find it difficult to work out the characters’ intentions |  |  |  |  |
| 8 | I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc) |  |  |  |  |
| 9\* | I find it easy to work out what someone is thinking or feeling just by looking at their face |  |  |  |  |
| 10 | I find it difficult to work out people’s intentions |  |  |  |  |

Clinical use only: \* Reverse scored

**CHILD Screening tool (AQ-10) (Aged under 16)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Definitely Agree | Slightly Agree | Slightly Disagree | Definitely Disagree |
| 1 | S/he often notices small sounds when others do not. |  |  |  |  |
| 2\* | S/he usually concentrates more on the whole picture, rather than the small details. |  |  |  |  |
| 3\* | In a social group, s/he can easily keep track of several different people’s conversations. |  |  |  |  |
| 4\* | S/he finds it easy to go back and forth between different activities. |  |  |  |  |
| 5 | S/he doesn’t know how to keep a conversation going with his/her peers. |  |  |  |  |
| 6\* | S/he is good at social chit-chat. |  |  |  |  |
| 7 | When s/he is read a story, s/he finds it difficult to work out the character’s intentions or feelings. |  |  |  |  |
| 8\* | When s/he was in preschool, s/he used to enjoy playing games involving pretending with other children. |  |  |  |  |
| 9\* | S/he finds it easy to work out what someone is thinking or feeling just by looking at their face. |  |  |  |  |
| 10 | S/he finds it hard to make new friends. |  |  |  |  |

Clinical use only: \* Reverse scored