

## Position Statement: Catheter Tray Packs

### What is a Catheter Tray Pack?

A catheter tray pack is a box that contains all or most of the items a person might possibly need to insert an indwelling catheter, in one container. A pack will commonly contain:

- A disposable tray to place items on
- A sterile water syringe for balloon inflation
- A sterile empty syringe for balloon deflation
- An indwelling catheter
- A catheter clip
- A pair of gloves
- An apron
- A leg bag
- Sterile wipes
- Swabs

### How do I identify a catheter tray pack?

The following are catheter tray packs listed in the Drug Tariff:

- Bard Bardex I.C. Bard Tray (Bard)
- Bard Biocath Comprehensive Care Foley Tray (Bard)
- Bard Lubri-Sil Comprehensive Care Foley Tray (Bard)
- Cath-It Catheter Insertion/Removal Pack (Richardson Healthcare)
- Prosys Vesica Community Catheterisation Pack (CliniSupplies)

These are **very expensive** compared to prescribing urology appliances separately and they are **non-formulary** across BNSSG. They are **not** for routine prescribing and should **never** be added to repeat prescription lists. They are **acute** prescription only.

### When can I prescribe?

Catheter tray packs can only be prescribed in an **emergency situation** where a **domiciliary** patient requires **urgent** catheterisation and Sirona community nursing staff have no equipment available at the time. They should **not** be prescribed for people who live in a nursing home because nursing homes should already keep these accessory items in stock as part of their standard care provision.

**In primary care, catheter tray packs can only be prescribed on the request of a Sirona community nurse/matron for use on a domiciliary patient.**

### What should I do if I receive a prescription request outside of this?

Prescription requests should be refused and you should ask the requestor to select a formulary product instead. It is **not** the responsibility of the GP practice to recommend an alternative product or to contact the Sirona Bowel and Bladder Team for advice on alternative products. The responsibility for this sits with the original requestor.

The BNSSG Urology Prescribing Guidelines and Formulary can be found here:

<https://remedy.bnssgccg.nhs.uk/formulary-adult/local-guidelines/7-genito-urinary-system-guidelines/>

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