**Consent**

The patient has consented to this referral and consented to take part in education programmes as appropriate.

* Yes  No

**Please email to:**

**Sirona.dans@nhs.net**

**Post to:**

**Diabetes and Nutrition Services**

**John Milton Clinic**

**Crow Lane, Henbury**

**Bristol, BS10 7DP**

**Tel: 0300 1245908**

**Referrer Details**

**Referral Date:**

**Referring Clinician:**

**Contact number:**

**Organisation/Dept:**

**Patient Details**

**Date of Birth:**

**NHS No’**

**Email address:**

***Patient gives consent to
be contacted via email:***

**Gender:**

**First Name:**

**Surname:**

**GP Surgery:**

**Address:**

**Postcode:**

For office use only: D. Ed   Dietetics   DSN

**Bloods/Tests relevant to referral**

|  |  |  |
| --- | --- | --- |
|  | Result (within last 3-6 months) | Date Taken |
| Current weight  |  |  |
| Recent weight loss |  |  |
| BMI |  |  |
| MUST Score |  |  |
| Waist Circumference |  |  |
| HbA1c  |  |  |
| Non-HDL Cholesterol |  |  |
| eGFR |  |  |
| Blood Pressure |  |  |

**Tel number:**

**Interpreter Required:**   Yes  No

If yes, please specify language:

**Additional Needs?**

Housebound: Yes  No

Wheelchair access required: Yes  No

Hearing Loop Required: Yes  No

Learning Disability Yes  No

  Other, please specify below:

**Safeguarding concerns / risks to staff or patient:**

**Tick referral pathway required:**

***If more than one pathway ticked, The service will triage into the most appropriate pathway for the patient.***

**Diabetes Pathway** <https://remedy.bnssg.icb.nhs.uk/adults/diabetes/community-diabetes-specialist-service/>

Team consists of Specialist Nurses and Dietitians. Patients will be allocated to clinician(s) on triage.

For further information regarding Diabetes education please visit: <https://www.sirona-cic.org.uk/nhsservices/services/diabetes-structured-education/>

**Type 2 Diabetes Pathway:**

**Diabetes Structured Education Group:**

* Living with Diabetes
* Diabetes & You Type 2
* **Community Clinics:**
* Acute recurrent/problematic hyperglycaemia/hypoglycaemia
* HbA1c>86mmol/mol on maximal tolerated glycemic therapy
* Palliative care requiring further support
* Consideration of insulin initiation, only if discussed with Diabetes team first
* Specialist nutritional advice e.g. VLCD /modified carbohydrate

**Type 1 Diabetes Pathway:**

**Diabetes Structured Education Group:**

* Food freedom
* Diabetes & You Type 1

**Community Clinics:**

* Acute recurrent/problematic hyperglycaemia/hypoglycaemia
* HbA1c>86mmol/mol despite good adherence following advice and guidance from Diabetes team
* Palliative care requiring further support
* Requires further support with carbohydrate counting following DSE programme
* Specialist nutritional advice e.g. VLCD /modified carbohydrate

**Medications: (*If patient has not agreed to EMIS data sharing*): Including any prescribed oral nutritional supplements (ONS)**

**Please provide supporting information/comments to support referral triage into the service or contact the Diabetes Advice and Guidance Service on 0300 124 5908 to discuss the referral prior to sending:**

**Nutrition & Dietetics Pathway (not diabetes).**

Please see : [Local Services (Remedy BNSSG ICB)](https://remedy.bnssg.icb.nhs.uk/adults/dietetics-nutrition/local-services/)

**Community Clinics/Education group:**

* **Nutritional Support** (Malnutrition- as per NICE 2006)***MUST score must be completed and be >2 for a referral***
* Diagnosed Learning Disability with ‘MUST’ > 2
* Diagnosed dysphagia by SaLT alongside a neurology diagnosis (e.g. MND) and no improvement after a 4 week implementation of food first advice and first line ONS
* ‘MUST’ score = 2 with no improvement after a 4 week implementation of food first advice and first line ONS
* More than 15% unintentional body weight loss in the last three months
* ‘MUST’ >3
* Pressure injury Grade 3, 4, unstageable or deep tissue – non-healing for >6 weeks following discussion via A&G

**Food first advice and supporting information given on: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (date)**

  **Irritable Bowel Syndrome (IBS)** – IBS as diagnosed per NICE CG61 – FODMAP group sessions or 1:1 if groups not appropriate

* 1st line advice and supporting information given on: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(date)
* Negative Anti TTG result: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(date)
* Negative Faecal calprotectin result: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(date)

  **Weight Management**

* Diagnosed Prader – Willi Syndrome
* Diagnosed Learning Disability with a BMI >35, supported by Community Learning Disability Teams and unable to access local weight management support with reasonable adjustments

Medications: (*If patient has not agreed to EMIS data sharing*): Including any prescribed oral nutritional supplements (ONS)

**Please provide supporting information/comments to support referral triage into the service or contact the Dietetic Advice and Guidance Service on** **sirona.dieteticsadvice@nhs.net** **for pre referral discussion/guidance**