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Refer to both STEPS and PCLS directly.

Yes

**Eating Disorder Services Referral Flow Chart**

Practitioner Guidance: Referrals into Adult Eating Disorder Services

Is the person who is 18 and above presenting with issues that relate to a suspected or existing eating disorder only?

Is the person under CAMHS and is 17 ½ with issues that relate to a suspected or existing eating disorder only?

Is the person who is 18 and above presenting with issues that relate to both a suspected or existing eating disorder and a mental health issue?

Yes

Using the referral paperwork refer directly into the STEPS Community service using the referral form.

PCLS and STEPS to arrange a joint assessment. If the referral is eligible for Urgent and FREED and a joint assessment cannot be arranged within 2 weeks then STEPS will need to complete a separate assessment.

Urgent or FREED assess within 2 weeks, other referrals within 4 weeks.

Referral

Declined

Referral

Declined

No role for eating disorder services identified – signposting information provided by STEPS.

Accept onto FREED caseload or Core Team caseload

Eating disorder need identified that meets service entry criteria – FREED or Core team to take on to caseload.

No role for secondary MH services - signposting information provided by PCLS.

Secondary mental health need identified – PCLS to refer to appropriate team.

Joint assessment with PCLS agreed.