**DES minimum requirements for an annual health check**

The Direct Enhanced Service (DES) directions describe the minimum criteria for reimbursements for Annual Health Checks for people with learning disabilities.

A review of physical and mental health which includes:

* The provision of relevant health promotion advice
* A chronic illness and system enquiry
* A physical examination
* A consideration of whether the patient suffers from epilepsy
* A consideration of the patient’s behaviour and mental health
* A specific syndrome check
* The production of a health action plan for all patients with a learning disability who are aged 14 years and over
* A check on the appropriateness of any prescribed medications
* A review of coordination arrangements with secondary care
* Where appropriate, a review of any transitional arrangements that took place on the patient reaching the age of 18 years