Learning Disability GP Register

	You can get extra support from your GP. (doctor)
	Your doctor's surgery can help you come to appointments. Things like: • A longer time appointments • Helping you to make an appointment • Quiet waiting rooms • Appointments at a time that is best for you • Easy read information • Annual Health Checks (age 14+) • Free Flu jabs
	To have access to these things your name needs to be on the Learning Disability Register of your doctor
	We have added your name to our register
	It helps us get to know you better and you will get better care.
	This information can be shared with other doctors and nurses to help support you at other appointments. Thank you

Learning Disability GP Annual Health Checks	
	Anybody with a learning disability age 14+ can have an Annual Health Check.
	This is important to help you keep well. We talk about your health and check for any problems that might need extra help.
	We will ask you to come for an Annual Health Check every year.
	During the Annual Health Check we will: • Do a physical check up - things like; your weight, blood pressure, urine sample etc • Talk to you about any medicines you take • Talk to you about any health conditions you might have • Check if your vaccinations are up to date • Talk to you about any health worries you may have • Support you to keep well
	You can find out more information about Annual Health Check from these short videos Increasing the uptake of Annual Health Checks for people with a learning disability: videos for parents/carers and people with a learning disability. - YouTube

Flu jab and People with a Learning Disability	
	All ages of people with a learning disability can have a free flu jab.
	This is because you are more at risk of developing complications from a respiratory illness. (breathing illness)
	The jab is a very quick injection. If you are nervous about having your flu jab talk to us about it. We can help you with ways to make it easier.