

Having a breast screening (X-ray)



An Easy Read guide for having a
breast screening (X-Ray)



On the day of your appointment

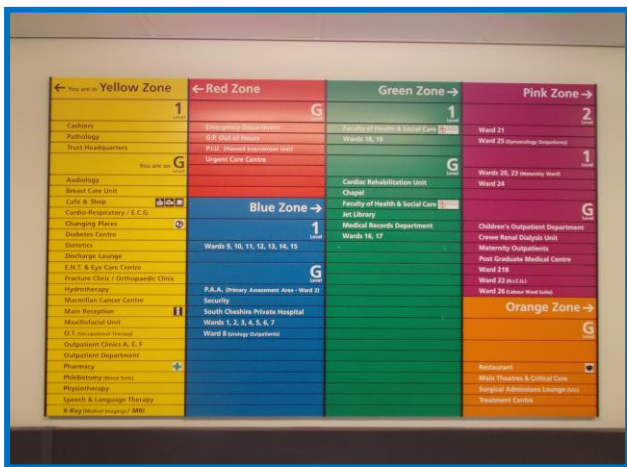


Your breast screening is in the Breast Care Unit.

Look for the map outside the main entrance.

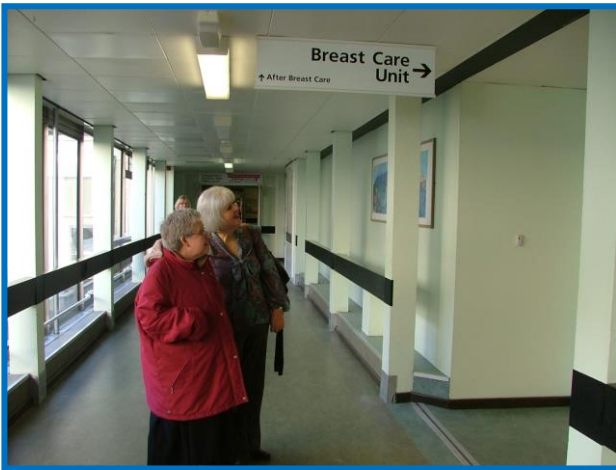


Clean your hands.



The Breast Care Unit is in the yellow zone on the ground floor.

Follow the signs.



This is the entrance.

This is where you go for your breast screening.



Give your letter to the person at the desk.

They will check your that your date of birth and address details are correct.

Information about ME to help YOU

For People with Learning Disabilities and other vulnerable adults/children coming into Mid Cheshire NHS Hospitals.

Name:

Welcome to Leighton Hospital

This information belongs to me. Please share my information with other health professionals involved in my care. Please don't tell anyone I am disabled!

Nursing and medical staff, please look at my information before any interventions take place.

- Red arrow: Things you need to know about me
- Yellow arrow: Things which are important to me
- Green arrow: My likes and dislikes

If you have a hospital passport, give it to the person at the desk.



Sit down in the waiting room.

Wait for a member of staff to call your name.



The person doing the breast screening is called a Radiographer.

They will write down your details and explain what they are going to do.

They will be with you at all times.



You will be asked to remove your bra and put your top back on.



You will be asked to wait outside the cubicle.



You will be called in to the X-ray room.

If you wish, your carer can go in to the X-ray room with you.



They will take 2 different pictures of each breast.

You will have to keep very still while the X-ray is taken but it is only for a few seconds.



The x-ray machine is uncomfortable for some women.

They will tell you when the X-ray has finished.



You will be given a letter about the results of your X-rays.



You can get dressed.



When your appointment is finished you can go home.



If something unusual is found on your X-rays, you will be asked to go back to the screening unit for some further checks.



If your results are OK, you do not need to come again for 3 years.



Remember
Talk to staff if you are **worried**.
Talk to the staff if you want to **ask questions**.

The staff want to **help you**.



Another useful 'Easy Read' booklet.

Getting ready for my visit to hospital
Useful information about an outpatient appointment.



Breast Care Unit opening times

Monday to Friday

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| ✓ | ✓ | ✓ | ✓ | ✓ | ✗ | ✗ |



9.00am to 4.30pm



Breast Care Unit telephone number
01270 612396 or 01270 273490