Vaccinations for patients with learning disability

Check at the annual health check and this could be a great QUIP project!

* Covid as per schedule
* Flu every year, consider nasal flu as reasonable adjustment, offer vaccine to carers
* All primary immunisations, check who needs a catch up
* MMR up to 45y if at risk
* HepB if in residential care, foster care or at risk
* Pneumococcal vaccination for at risk groups and over 65y
* Shingles 70-79y
* MenACWY up to 25y

Offer reasonable adjustments!

Resources

Green book:

[Immunisation against infectious disease - GOV.UK (www.gov.uk)](https://www.gov.uk/government/collections/immunisation-against-infectious-disease-the-green-book#part-2:-the-diseases,-vaccinations-and-vaccines)

and

[NHS England » Improving health](https://www.england.nhs.uk/learning-disabilities/improving-health/)

Some good video clips you could send out/ add to your website

**Dental health** is poor in patients with learning disability. Good oral hygiene is important and can form part of the health action plan!

**Cancer screening** especially breast and cervical screening uptake is significant lower in women with a learning disability

To request easy read invitations or reasonable adjustments health care professional and patient supporters can contact the NHS screening service to inform them that a person has learning disabilities/is autistic

Contact the NHS screening helpdesk - GOV.UK (www.gov.uk)

Resources including easy read leaflets and videos:

-Cancer screening: making reasonable adjustments - GOV.UK (www.gov.uk)

-[Cancer Information And Support | Macmillan Cancer Support](https://www.macmillan.org.uk/cancer-information-and-support)” search screening easy read”

Here are some resources to invite and explain **cervical screening** to women with learning disability and their supporters

Video: [Accessing cervical screening with the right support for people with a learning disability - YouTube](https://www.youtube.com/watch?app=desktop&v=zOq_a2BYERc)

Government website: [Supporting women with learning disabilities to access cervical screening - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/cervical-screening-supporting-women-with-learning-disabilities/supporting-women-with-learning-disabilities-to-access-cervical-screening)

Link to easy read leaflet, invite and picture only guide, video and advice for health care professionals

Contacting the screening provider to notify them that a patent has learning disability and needs easy read invite and result letters

[Contact-us · CSAS](https://www.csas.nhs.uk/contact-us/)

Learning disability News letter

For those interested: podcast by NHSE

[Stream Episode 35 - Supporting autistic people in primary care by NHS England | Listen online for free on SoundCloud](https://soundcloud.com/nhsengland/supporting-autistic-people-in-primary-care)

**Bereavement support**- resources for people with learning disability

-[Bereavement support for people with learning disabilities (ataloss.org)](https://www.ataloss.org/supporting-someone-with-learning-disabilities-when-they-are-bereaved?gclid=EAIaIQobChMI0NeAmKj2-wIVC7TtCh1GIwvNEAAYASAAEgJ_4_D_BwE)

-[Dealing with bereavement and support with grief | Speak to a bereavement counsellor | Mencap](https://www.mencap.org.uk/advice-and-support/wellbeing/dealing-bereavement)

- [Easy Read: Feelings when someone dies (mariecurie.org.uk)](https://www.mariecurie.org.uk/help/support/publications/all/easy-read-feelings-when-someone-dies)

**Obstructive sleep apnoea** in learning disability

Did you know that the Epworth scale is not validated for people with learning disability. Use the “ STOPBAM” scale

[Stop-Bang-Questionnaire.doc-2.doc (live.com)](https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.qvh.nhs.uk%2Fwp-content%2Fuploads%2F2017%2F02%2FStop-Bang-Questionnaire.doc-2.doc&wdOrigin=BROWSELINK)

CPAP is often better tolerated than anticipated!

**Dysphagia**- a common problem in learning disability. Here is a fabulous website, it has a medicine converter!

[Swallowing Difficulties – help and advice for patients and healthcare professionals](https://swallowingdifficulties.com/)

**Abbey Pain scale**- tool for people who find it difficult to verbalise pain

Link: [Microsoft Word - Abbey\_pain\_tool\_\_follow\_\_on\_assessment\_community1 (wales.nhs.uk)](http://www.wales.nhs.uk/sitesplus/documents/862/foi-286f-13.pdf)

**Contact details**:

Juliane Matthies, BNSSG lead GP learning disability [juliane.matthies@nhs.net](mailto:juliane.matthies@nhs.net)

[Remedy learning disability section](https://remedy.bnssgccg.nhs.uk/search?q=learning+disability)

[Adult Learning Disability Health Service (Remedy BNSSG ICB)](https://remedy.bnssg.icb.nhs.uk/adults/learning-disabilities/adult-learning-disability-health-service/)