

Sugar Swaps

Concis	Swap for	CÖKE	Save 210 Kcals 53g Sugar
	Swap for		Save 110Kcals 10g Sugar
CYCY ON THE PROPERTY OF THE PR	Swap for	THE REAL PROPERTY OF THE PARTY	Save 164 Kcals 21g Sugar
	Swap for	Fruit	Save 306 Kcals 55g Sugar



Sugar Swaps

Largald	Swap for		Save 434 Kcals 15g sugar
Have a Dread. Have	Swap for	107 calories	Save 107 Kcals 10g Sugar
Status S	Swap for	TA PICCOS Walking Pic	Save 181 Kcals 28g