

# Recommended information to be given to services users with COPD

## Prior to diagnosis

Give:

- 'Breathlessness; what to do if you often get out of breath' produced by the British Lung Foundation (BLF)
- Check smoking status, if smoker, give cessation advice and refer to local services in the "Services to help with your respiratory condition" leaflet.

## Primary Care

### At diagnosis

- 'First steps to living with COPD' (BLF)
- 'COPD Passport' (BLF)
- 'COPD Self-Management Plan (BLF)
- Check smoking status, if smoker, give cessation advice and refer to local services in "Services to help with your respiratory condition" leaflet
- "Services to help with your respiratory condition" leaflet of local support
- Patient referred to pharmacist in 'new medicine service' by inhaler prescriber

### After one month

- No new information re-enforcement of above 'First Steps' leaflet and go through checklist with patient in the 'COPD Passport'
- Check smoking status, if smoker, give cessation advice and refer to local services in "Services to help with your respiratory condition" leaflet.

### Consultation at COPD annual review

- Go through BNSSG COPD section of the long term conditions template with patient on EMIS
- If patient has had exacerbation of COPD, print BLF 'Flare Up Action Plan' from EMIS and go through with patient
- Consider giving patient COPD self-management plan (BLF) if appropriate
- Consider referral to: pulmonary rehabilitation, psychological support; give healthy living advice; smoking cessation advice; medicines management advice; community connectors/navigators; Breathe Easy Groups, using the "Services to help with your respiratory condition" leaflet.

## Secondary and Community Care

### At diagnosis

- 'First steps to living with COPD' (BLF)
- 'COPD Passport'
- 'COPD Self-Management Plan'
- Offer my COPD® application
- Check smoking status, if smoker, give cessation advice and refer to local services in "Services to help with your respiratory condition" leaflet
- "Services to help with your respiratory condition" leaflet of local support
- Patient referred to pharmacist in 'new medicine service' by inhaler prescriber.

Secondary care staff to send letter to GP, with copy to respiratory nurse, care home if appropriate and service user which includes:

- Information about people diagnosed with COPD in hospital and their need for a review within one month
- Information about what has been covered and any referrals as a result of the discharge bundle.

## Diagnosis of COPD and housebound

Community Matrons and Emergency Care Practitioners to hand out BLF literature and "Services to help with your respiratory condition" leaflet as appropriate.

## Diagnosis of COPD and living in a Residential Home

Service provided by GP surgery for person with COPD, as listed in primary care blue section as person is taken to GP surgery by residential home staff.

## Diagnosis of COPD and living in nursing home

Service provided by visiting GP, with person with COPD given appropriate BLF information and "Services to help with your respiratory condition" leaflet by nursing home staff.

Nursing home staff to act on discharge letter from acute trust as required.