

Pharmacy Aid Memoire for the NHSE Pharmacy Hypertension (Blood Pressure) Service and NHSE Pharmacy Oral Contraception Service

This aide memoire is to help your team send the correct patients to pharmacies for the above 2 services. Patients can be formally or informally (i.e. just be told to go to a pharmacy) referred for both services and patients will not need to pay for either of them.

Oral Contraception- Initiation or continuation service	Which patients are SUITABLE for referral to pharmacists for initiation or continuation of oral contraception	Do NOT refer in these circumstances	
Combined Oral Contraceptive pill (COC)	<ul style="list-style-type: none"> ○ Individuals - 16 and up to and including 49 years 	<ul style="list-style-type: none"> ○ Under 16 or 50 or over ○ Pregnancy ○ Less than 21 days after childbirth ○ Breastfeeding and less than 6 weeks after childbirth 	<ul style="list-style-type: none"> ○ Using the oral contraceptive pill to regulate their periods or for acne
Mini pill /progesterone only pill (POP)	<ul style="list-style-type: none"> ○ Individuals - 16 and up to and including 54 years 	<ul style="list-style-type: none"> ○ Under 16 or 55 or over ○ Pregnancy 	<ul style="list-style-type: none"> ○ Using the oral contraceptive pill to regulate their periods or for acne
Hypertension (Blood Pressure) – Clinic BP or 24-hour ABPM service <i>Please ask patients you informally refer to let the pharmacy know that they have been sent by you.</i>	Which patients are SUITABLE for referral to pharmacies for a clinic blood pressure check or a 24-hour ABPM check	Do NOT refer in these circumstances	
Clinic check	<ul style="list-style-type: none"> ○ Over 18 years old (no upper limit on age) ○ Patients who have had a previous diagnosis of hypertension 	<ul style="list-style-type: none"> ○ Patients who need to check daily over a seven-day period ○ Patients diagnosed with atrial fibrillation or history of an irregular heartbeat 	
ABPM 24-hour check- please ensure the patient makes pharmacy aware that they require this test not a clinic test	<ul style="list-style-type: none"> ○ Over 18 years old (no upper limit on age) ○ Patients who have had a previous diagnosis of hypertension 	<ul style="list-style-type: none"> ○ Patients who need to check daily over a seven-day period ○ Patients diagnosed with atrial fibrillation or history of an irregular heartbeat 	