**Capacity& consent &LPA** - **did you know**:

-“*Next of kin*” is meaningless in law and neither family nor carers can consent for a patient- their opinion should of cause be sought as part a best interest decision

-It is important not to assess someone’s understanding before they have been given relevant information about a decision

- *’capacity assessment’* and *‘best interest‘* forms for primary care can be found under documents in emis and will auto populate with patients’ details. Search for *‘’CB primary care mental capacity form v4”* and *“ICB Best Interest Decision form v4”*

- The office of the public guardian has a good website you can signpost patients to who wish to make LPA

[Office of the Public Guardian - GOV.UK (www.gov.uk)](https://www.gov.uk/government/organisations/office-of-the-public-guardian)

-You can find out if someone has a LPA or court appointment guardian here: [Find out if someone has a registered attorney or deputy - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/search-public-guardian-registers)

-You can check if a LPA is valid and who the attorneys are here [Find out if someone has a registered attorney or deputy - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/search-public-guardian-registers)

You need the LPA number on the LPA form.

**Osteoporosis risk assessment at AHC**

**Who to assess?**

[Scenario: Assessment | Management | Osteoporosis - prevention of fragility fractures | CKS | NICE](https://cks.nice.org.uk/topics/osteoporosis-prevention-of-fragility-fractures/management/assessment/)

**How to calculate frax score?**

[frax.shef.ac.uk/FRAX/tool.aspx?country=1](https://frax.shef.ac.uk/FRAX/tool.aspx?country=1)

Check out instructions to see who should be classed as “ secondary osteoporosis”

**Who to refer for dexa scanning?**

[Microsoft Word - Direct\_Access\_DXA\_Scanning\_Policy\_CBA\_v1819.2.00\_1.docx (icb.nhs.uk)](https://bnssg.icb.nhs.uk/wp-content/uploads/2018/04/Direct-Access-DXA-Scanning.pdf)

**Who needs Vitamin D supplements and who needs Vitamin D blood testing?**

[adult-guidelines-for-vitamin-d-deficiency-v43.pdf (icb.nhs.uk)](https://remedy.bnssg.icb.nhs.uk/media/5647/adult-guidelines-for-vitamin-d-deficiency-v43.pdf)

High risk – no need for blood test, just treat, includes patients on anticonvulsants and housebound patients!

**How to calculate if someone gets enough calcium?**

[CALCIUM - Calcium Calculator | International Osteoporosis Foundation](https://www.osteoporosis.foundation/educational-hub/topic/calcium-calculator)

**Patient information?**

Not much available in easy read- easy health has osteoporosis leaflet and leaflets on healthy lifestyle and healthy eating guides [Easy Health | Home](https://www.easyhealth.org.uk/) **sign up for free**

Osteoporosis society:

[Osteoporosis fact sheets and booklets (theros.org.uk)](https://theros.org.uk/information-and-support/fact-sheets-and-booklets/?_gl=1*rxdm80*_up*MQ..*_ga*Mjc1Njg2MDEyLjE2ODk2Nzc3NDQ.*_ga_LE28KHFKJD*MTY4OTY3Nzc0NC4xLjAuMTY4OTY3Nzc0NC4wLjAuMA..)

Including different language subtitled films

Learning disability Newsletter 10/2023

**Constipation** can be a life-threatening issue for people with a learning disability who are at heightened risk of complications if untreated. 23% of people with a learning disability who died in 2019 had constipation as a long-term condition. Resources for patients and carers including videos and easy read leaflets on Remedy [Annual Health Checks (Remedy BNSSG ICB)](https://remedy.bnssg.icb.nhs.uk/adults/learning-disabilities/annual-health-checks/) under ‘Other resources’- constipation

<https://www.swallowingdifficulties.com/>

Website to support prescribing for patients with swallowing difficulties. Includes a tool to find alternative formulations to tablets/capsules.

Website has information for patients and health professionals.

**Contact details**:

BNSSG lead GP learning disability & autism juliane.matthies@nhs.net

Sirona champion network sirona.ldchampions@nhs.net

[Remedy learning disability section](https://remedy.bnssgccg.nhs.uk/search?q=learning+disability)

CLDT is now the SIRONA ALDHS (Adult Learning Disability Health Service)

BNSSG advice line: 0300 124 5888

or email sirona.bcldtadviceline@nhs.net

**Events:**

Next learning event 21st November 12.30 to 2pm “learning disability annual health check & health action plans”

Please send any feedback and any ideas for topics for future meetings to Juliane.matthies@nhs.net